



WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato Pasta & Cheese (Gluten, Milk, Celery)	Jerk Chicken	Margarita Pizza (Milk, Gluten)	Moussaka (Celery, Milk)	School Made Fish Fingers (Fish, Gluten, Egg)
MAIN (OPTION 2)	Pesto Pasta (Gluten, Milk)	Jerk Cauliflower	Tomato Pasta & Cheese (Gluten)	Stuffed Peppers	Sweetcorn Fritters (Egg)
SIDES	Garlic & Herb Focaccia (Gluten)	Rice & Peas	Coleslaw	Garlic Bread (Gluten)	Chips
VEGETABLES	Italian Herb Broccoli	Seasonal Greens (Chefs Choice)	Honey Roasted Carrots	Roasted Squash	Garden peas
DESSERTS	Fruit & Yoghurt (Milk)	Carrot Cake (Eggs, Gluten)	Fruit & Yoghurt (Milk)	Apple Crumble & Custard (Wheat, Milk, Eggs)	Fruit & Yoghurt (Milk)
EXTRAS	Fresh Fruit Platter, Mixed Salad Bar and Greek Yoghurt Available Daily If you have any questions, please speak with you School Chef				

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

Week Commencing: 16th September 2024

CHEFS IN SCHOOLS



WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tuna Pasta Bake (Gluten, Milk, Fish)	Chicken Pie (Gluten, Celery, Milk)	Cauliflower & Chickpea Curry	Chilli Con Carne (Celery, Sulphites)	School Made Fish Fingers (Fish, Gluten, Egg)
MAIN (OPTION 2)	Tomato Pasta & Cheese (Gluten, Milk, Celery)	Leek & Cheese Pie (Gluten, Milk, Mustard)	Spinach Dhal	Vegetarian Meatballs	Sweetcorn Fritters (Egg)
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Garlic & Herb Focaccia (Gluten)	New Potatoes	Coriander Rice, Cucumber & Mint Rita (Milk)	Herb Couscous (Gluten)	Chips
VEGETABLES	Honey Roast Carrots	Seasonal Greens (Chefs Choice)	Vegetable Curry (Chefs Choice)	Roasted Onion & Peppers	Garden Peas
DESSERTS	Fruit & Yoghurt (Milk)	Chocolate Brownie (Eggs, Milk, Gluten)	Fruit & Yoghurt (Milk)	Choc-chip Banana Bread (Milk, Eggs, Gluten)	Fruit & Yoghurt (Milk)
EXTRAS	Fresh Fruit Platter, Mixed Salad Bar and Greek Yoghurt Available Daily If you have any questions, please speak with you School Chef				

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